



## About OvaCare: Ovarian Cancer Community

### OvaCare's Mission:

To improve diagnosis and education of ovarian cancer within Ireland, through sharing global research and best practice, and providing support and advocacy through OvaCare's dedicated support network.

OvaCare was established in 2011 and we continue to be keen to hear from patients,

### Contact Us:

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We would like to take this opportunity to thank our sponsor for their generous support.



survivors, family members and health professionals about how they feel OvaCare can make a difference. With this in mind, we have feedback forms available for you. We would very much appreciate if you can take a few moments to complete this form. Please leave completed forms in the box provided at the registration desk.



## Ovarian Cancer Patient Day

Saturday 26th May, 2018

Location: Clayton Hotel, Limerick.

### Dear patients, survivors, family members and friends,

Welcome to OvaCare's bi-annual Patient Day. The programme has been designed to cover both the physical and emotional effects of ovarian cancer. The format comprises of a morning and afternoon session.

Our hope is that you will find the talks of interest. We also hope that you will find support through the shared experiences of those you

meet here today. Each of us is on our own journey, but 'together we are stronger'. This is one of the core beliefs of OvaCare and through this we aim to give ovarian cancer patients a voice.

June Feeney,  
Co Chair, OvaCare

Brian Cremin,  
Chair, OvaCare

## Programme:



### Morning Session

09:30 – 10:00	Registration and Coffee
10:00 – 10:15	Welcome
10:15 – 10:30	Patient Story
10:30 – 11:00	Dr Anne Merrigan, Consultant Breast and General Surgeon <i>Breast cancer and family history risk</i>
11:00 – 11:30	Mr Diarmuid Duggan, Senior Dietician <i>Diet and cancer</i>
11:30 – 12:00	Ms. Deirdre Connolly, Occupational Therapist <i>Self-management of physical and psychological well-being for cancer survivors</i>
12:00 – 12:15	Q & A
12:15 – 13:15	Lunch

### Afternoon Session

13:15 – 13:35	Cancer Support Centres Sláinte an Chláir - Clare Circle of Friends - Tipperary
13:35 – 14:00	Dr Katie Field, Consultant Obstetrician and Gynaecologist <i>The role of the surgeon in ovarian cancer</i>
14:00 – 14:30	Professor Rajnish Gupta, Consultant Medical Oncologist <i>Update on ovarian cancer</i>
14:30 – 15:00	Q & A

[www.ovacare.ie](http://www.ovacare.ie)

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