



## About OvaCare: Ovarian Cancer Community

### OvaCare's Mission:

To improve diagnosis and education of ovarian cancer within Ireland, through sharing global research and best practice, and providing support and advocacy through OvaCare's dedicated support network.

OvaCare was established in 2011 and we continue to be keen to hear from patients,

survivors, family members and health professionals about how they feel OvaCare can make a difference. With this in mind, we have feedback forms available for you. We would very much appreciate if you can take a few moments to complete this form. Please leave completed forms in the box provided at the registration desk.

### Contact Us:

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## Ovarian Cancer Patient Day

Saturday 6th December, 2025

Location: The River Lee Hotel, Cork.

### Dear patients, survivors, family members and friends,

Welcome to OvaCare's annual Patient Day. The programme has been designed to cover both the physical and emotional effects of ovarian cancer. The format comprises of a morning and afternoon session.

Our hope is that you will find the talks of interest. We also hope that

you will find support through the shared experiences of those you meet here today. Each of us is on our own journey, but 'together we are stronger'. This is one of the core beliefs of OvaCare and through this we aim to give ovarian cancer patients a voice.

*From The OvaCare Team*

## Programme:

Morning Session	
09.30 - 10.00	Registration, Refreshments, Visit Stands
10.00 - 10.10	Margaret Cotter Welcome
10.10 - 11.10	Yvonne O'Meara: Systemic Psychotherapist and Psychosocial Oncologist <i>Resilience and Me, The Ovarian Cancer Experience</i> Shared stories with audience participation
11.10 - 11.50	Brenda Moran: BMS Recognised Menopause Specialist <i>Menopause and Cancer</i> Q&A
11.50 - 12.30	Fionán Donohue: Consultant Gynaecological Oncologist <i>Ovarian Cancer Treatments</i> Q&A
12.30 - 1.30	Lunch, Visit Stands

Afternoon Session	
1.30 - 1.40	Frances Drummond: Head of Research at Breakthrough Cancer Research <i>Overview of Breakthrough Cancer Research</i> Q&A
1.40 - 2.10	Kellie Dean: Senior Lecturer Innovation Bursary Award: <i>It's in the blood: discovering RNA and protein markers for ovarian cancer</i> Q&A
2.10 - 2.50	Katie Johnston: Oncology Dietician <i>Menopause, Diet and Cancer</i> Q&A
2.50 - 3.00	Margaret Cotter Close of event

### Acknowledgment of support:



[www.ovacare.ie](http://www.ovacare.ie)

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